

March 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 1:00 p.m. DYAO Spectacular Ellis Island	2 TRIP REGISTRATION 8:00 - 8:25 a.m. Lottery Drawing	3	4 1:00 Zentangle: Noah's Ark 5:30 PM Acrylic Paint: Lilac	5 Wellness Clinic 9:45 New Belgium Brewery Tour 10:30 Blood Pressure	6	7 Spaghetti Luncheon 11 a.m. to 2 p.m.
8	9 9:30 Movie: South 12:30 Watercolor: Crocus 1:00 Mahjong - Falcon	10 8:45 Gamble: Mardi Gras 9:30 - 3:00 Hair Sparkles 10:00 History: American West 12:30 Feathered Friends 1:30 Diamond Dots 1:30 Matter of Balance	11 11:00 Kindness Counts 1:00 Zentangle: Noah's Ark 5:30 PM Acrylic Paint: Lilac 5:30 PM Nutrition for Aging Adults	12 Wellness Clinic 8:30 Top Golf 9:30 City Spotlight: Library 9:30 - 3:00 Hair Sparkles 10:30 Irish Snug - B 1:00 Bunco	13 Wellness Clinic 12:00 Friday Feast	14 6:00 p.m. Rich Little
15 2:30 p.m. Fiske Planet- arium: Voyagers	16 12:30 Watercolor: Crocus 2:45 Amazon Fulfillment Center - A	17 10:00 History: American West 10:00 - 2:00 Medicare Counseling 1:00 Hearing Loss & Brain 1:00 Sr. Advisory Board 1:00 Iris Folding: Cards 1:30 Matter of Balance	18 9:00 Acrylic Paint: Stallion 1:00 Zentangle: Noah's Ark 5:30 PM Acrylic Paint: Lilac 5:30 PM Grandparenting Tips & Tricks - Young Children	19 Wellness Clinic 10:45 Healthy Tips 1:30 Active Minds: Hong Kong	20 Wellness Clinic 9:30 Greeting Cards 10:15 Denver Mob Tour - A 11:00 Irish Snug - B	21
22 5:30 p.m. Hands Percussion Drumbeat Inferno	23 Massage - Daytime Appts. 7:30 Snowshoe: Dream Lake 10:30 Blood Pressure 12:30 Watercolor: Easter Card 1:00 Mahjong - Falcon	24 Massage - Daytime Appts. 10:00 History: American West 1:00 Iris Folding: Cards 1:30 Matter of Balance	25 9:00 Travel Film: Alaska 9:00 Acrylic Paint: Stallion 9:00 Book Club: Endurance 10:00 Ask a Librarian 12:30 Cribbage Tournament 1:00 Zentangle: Basket 5:30 PM Watercolor: Duck 5:30 PM Movie: 8 Seconds	26 Wellness Clinic 10:45 Readers Theatre Performance 1:00 Bunco	27 9:30 Greeting Cards 1:00 - 2:30 Intro to iPhones: Beginner 3:00 - 4:00 Beyond Basics - iPhones: Intermediate	28
29	30	31 7:30 Snowshoe: Bear Lake 10:00 History: American West 1:30 Matter of Balance 1:30 Social Media 101				

	Monday	Tuesday	Wednesday	Thursday	Friday	
Weekly Classes	9:00 Exercise w/Dottie 9:00 Bridge Level 2 9:15 Tatting 10:00 Craft Time 10:00 History: US Exploration 10:15 Bridge Beginning 12:30 Zumba Toning 2:00 Tai Chi Form	8:00 Wood Carving 9:00 Oil Painting 9:00 Yoga Continuing 9:15 Adaptive Yoga 10:15 Yoga Beginning 10:30 Move it or Lose it 12:30 Readers Theatre	9:00 Exercise w/Rosalie 9:00 Square Dancing 9:30 Writing Drop-In 10:15 Move it or Lose it 10:30 Zumba Gold 11:30 Back to Balance 2:00 Tai Chi Level 2 Massage - Evening Appts. 4:00 PM Zumba Gold 4:00 PM Tai Chi Basics 5:30 PM Yoga Beginning	9:00 Chair Yoga 10:00 Knit & Crochet 10:30 Fit Happens 12:30 Yoga Continuing 1:00 Quilting Intermediate 1:45 Yoga Beginning	8:30 Line Dance Level 2 8:30 Exercise w/Rosalie 9:00 Genealogy 9:45 Line Dance Begin 10:00 Light Weight 1:00 Quilting Beginning	See pages 12 - 16 for class start and end dates